

THIRSTY? CHOOSE WATER!

CASE STUDY

St Edward's College



CHOOSE

"I would highly recommend becoming part of the Thirsty? Choose Water! initiative as it has not only helped educate our boys on the importance of being hydrated, it has provided access to filtered, chilled water," says teacher Michael Gentle.

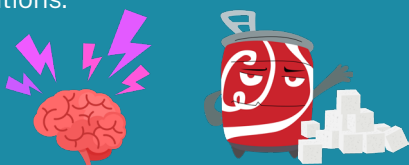
"We have always had bubblers and taps for the boys to use however it wasn't until we got the filtered, chilled water stations that the students really started to choose water!"



WATER

Keeping it flowing

The College will continue to teach Thirsty? Choose Water! lessons to year 7 students and display posters around the school, combined with maintaining the filtered water stations.



Diving in

St Edward's College became part of the Thirsty? Choose Water! program to promote the health benefits for drinking water and highlight the dangers of sugary soft drinks to students in the classroom. As the program developed, the College received a filtered water drinking station that has resulted in its students filling up regularly with reusable bottles.

Soaking it up

"The posters have been a great hit and a good educational tool both in PDHPE lessons and in the playground," says PDHPE teacher and environmental portfolio leader Michael Gentle.

"Students are constantly made aware of the importance of being hydrated. The success is that students now understand the importance of drinking water. Having ready access to clean, chilled water means that the vast majority of students are using the refill station and choosing to drink water."

Making a splash

Its chiller station displays how many bottles have been diverted from landfill, and the College has now diverted tens of thousands of bottles.

Recognising the impact it was having, the College's Environment Portfolio Team successfully applied for another refill station. The College now has two refill stations positioned at the centre of the College, which is great for not only their students' health, but the environment too.